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## **OFFERING HOPE.**

United Way & Community Health Charities makes mental health a priority by providing people with resources to get help. United Way provides counseling services, and sponsors a mental health hotline - 211. Community Health Charities provides 3,000 online mental health screenings daily and aims to decrease U.S. suicide rates by 20% in 2025. CHC & UW encourage people to speak up about their mental health. By simply talking about it we can end the stigma surrounding mental health and in doing so save millions of lives.

Help save a life. Help save the world. **Learn more.** →

**Did You Know?** October 11th is World Mental Health Day. Let's Celebrate! Wear **Yellow** in Support.



- 1 in 5 adults have a mental health condition.
- Half of mental illness develops around age 14.
- Suicide is the second leading cause of death among 15-29-year-olds.

# Charity Match Making

[stlpr.org/events](http://stlpr.org/events)

Learn More →

**Thursday, October 10, 2019**

6:00p.m. - 8:00p.m.

UMSL at Grand Center  
3651 Olive Street  
St. Louis, MO 63108

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